



2018 Marine Corps Trials Cycling Rules

CYCLING - Disability/Classification Groups and Distances

- 1) Men and Women Handcycle - 10 kilometers
Disability: Lower mobility impairment/amputee that prohibits one from riding a two wheel upright bike or a recumbent bike **Factored race with interval starts for kneeler entries*

- 2) Men and Women Recumbent Cycle - 20 kilometers
Disability: Upper mobility, orthopedic, and/or balance issues that prohibit one from riding a two wheel upright bike or handcycle

- 3) Men and Women Bicycle Open - 30 kilometers
Open Disability: No permanent physical disability (PTSD, TBI, and Orthopedic)

- 4) Men and Women Bicycle Physical Disability - 30 kilometers
Disability: Permanent physical disability (i.e: amputation)

- 5) Men\Women\Mixed Tandem Visually Impaired - 30 kilometer
Disability: Visually Impaired - *Visual acuity of 20/200 or greater, best corrected, and/or a visual field of less than 20 degrees in both eyes, Guides can be civilian*

GENERAL EVENT RULES

Selected International Cycling Union (UCI) equipment rules pertaining to the cycling events at the Warrior Games are included below, as well as some additional general, USA Cycling and/or UCI rules.

Bib Numbers: All competitors are required to wear the bib number issued to them by event staff. Numbers must be placed on the right side of the torso (bicycles), or on the right side of the cycle or person (handcycle and recumbent). Race officials will ensure proper number placement prior to the start of the race.

Starts: Each race will begin as a “stationary start”, no rolling starts

Helmets: All competitors are required to wear a securely fastened helmet that meets either the US DOT helmet standards or the U.S. Consumer Product Safety Commission (CPSC) standard for bicycle helmets.

Use of catheters: It is mandatory for cyclists who use catheters or other urinary diversion devices to prevent spillage by using a catheter bag at all times. This includes training, competition, and classification.

Coaches: No coaches will be allowed on the race course during the event.

General Equipment Regulations:

16.14.004 Artificial handgrips and prostheses are allowed on upper disabled limbs, but cannot be fixed to the cycle. For safety reasons, rigid prosthetic adaptations, including mounted or fixed on parts of the cycle, are not allowed.

16.17.005 There should be no adjustment made to the equipment during the race. All adjustments must be made prior to the start of the race.

16.14.006 All cycles must have two independent braking systems. If there is a braking system for the double wheels, it must involve both wheels. The braking systems must be dynamic; wheel locks or stoppers are not allowed.

1.3.026 When competing, all riders are required to wear a cycling specific jersey with sleeves and a pair of shorts or a one-piece skin suit. The length of the shorts must be above the knee. Sleeveless jerseys are forbidden. Cycling specific shoes are also permitted.