

Recovery Care Coordinator Support to Caregivers

The Recovery Care Coordinator (RCC) is one of the first non-medical points of contact that a recovering service member (RSM) and family members/caregivers will meet. RCCs conduct a comprehensive needs assessment and coordinate the support network that ensures those needs are addressed for a successful return to full duty or transition to the civilian community. RCCs are available to RSMs and their families/caregivers—whether they are assigned to the Wounded Warrior Regiment (WWR) or remain with their operational units.

What is a Caregiver?

A caregiver is defined as any relative, partner, friend, or neighbor who has a significant personal relationship with, and provides a broad range of assistance for, a person with a chronic or disabling condition. These individuals may be primary or secondary caregivers and live with, or separately from, the person receiving care. Caregivers for RSMs face a range of challenges that impact them on daily basis, including physical health, mental health, finances, education, family issues, transportation, housing and legal issues.

Recovery Coordination Program

RCCs are one element of the WWR's Recovery Coordination Program. They help RSMs and their families/caregivers define their individual goals for recovery, rehabilitation, and reintegration.

A RCC's primary responsibilities include:

- Work with RSMs and their families / caregivers to develop a comprehensive recovery plan, which identifies needs and defines the goals for recovery, rehabilitation, and reintegration.
- Locate and educate RSMs and their families/ caregivers on available services and resources.
- Minimize delays and gaps in treatment and services, to include when the RSM is processing through the Disability Evaluation System (DES).
- Provide information on benefits and compensation, legal resources, financial counseling, support, and caregiver resources.

Applies to:

Support from the Recovery Coordination Program applies to all recovering service members and their families /caregivers.

Contact Information

Military caregivers should contact their RCC to learn more about caregiver support, find local PEER Forums and RSVP for Virtual PEER Forums.

Related Fact Sheets

- Recovery Care Coordinator
- Comprehensive Recovery Plan
- Care Team

Wounded Warrior Call Center 24/7—1.877.487.6299

Stay Connected—www.woundedwarriors.marines.mil



Military Caregiver Support

DoD's support to military caregivers includes the Caregiver Resource Directory, the Military Caregiver Personalized Experiences, Engagement, and Resources (PEER) Forum Initiative, monthly Caregiver Virtual PEER Forums, Military Caregiver Webinars, caregiver-related events, and specialized resources.



Caregiver Resource Directory is a compilation of the most common military caregiver resources. The directory includes topics such as; helplines, advocacy and benefit information, career transitions and employment, military caregiver support, children's needs, education and training, financial support, rest and relaxation, and others. Visit this link to view the Resource Directory online, or request a printed copy: <http://warriorcare.dodlive.mil/caregiver-resources/>

Military Caregiver PEER Forums are coordinated efforts among the Office of Warrior Care Policy, Military Community and Family Policy, the military services and U.S. Special Operations Command to establish in-person and virtual opportunities for military caregivers to congregate, converse among their peers. The attendees at these forums share resources and best practices to provide support on topics such as managing stress, nutrition, financial wellness and employment.

Military Families Learning Network initiated a caregiver support curriculum consisting of monthly webinars on topics critical to caregivers. Webinar topics include adaptive technology, traumatic brain injury care, and post-traumatic stress care. **Visit:** <https://militaryfamilies.extension.org/blog/> for more information on the Military Families Learning Network.

PEER Forum Information and Eligibility

Military Caregiver PEER Forums meet, in person, on 62 military installations across the United States that serve RSMs, their families and caregivers. In addition to the in-person meetings, Virtual PEER Forums, webinars and other online tools are used to engage caregivers in remote locations, ensuring all those who are looking for support are able to find it.

Who is Eligible? RSMs, veterans, their families, and caregivers who receive support through the Recovery Coordination Program are eligible to access these forums.