

Religious Ministry Team

The Wounded Warrior Regiment's (WWR) religious ministry team (RMT) provides spiritual, moral and emotional support to recovering service members (RSM), their families, and WWR staff members. RMTs may provide pastoral care and counseling, spiritual enrichment resources and opportunities for religious sacraments, family support, and an attentive ear. All conversations of a personal nature are treated with absolute confidentiality.

The religious ministry team assists RSMs, families, and staff who seek compassion, guidance, and support of a chaplain. Contact the WWR chaplain at 703.432.1878

Religious Ministry Support

The RMT at WWR promotes healing and enhances spiritual fitness through all phases of the recovery process by offering pastoral counseling, direct religious provision, and training and study opportunities. These services assist in the development of an enduring spirit, a strong sense of well-being and a foundation of hope and joy. Overall, the RMT has three specific strategic goals that are shared service-wide:

1. Serve the People

- Meet the religious and pastoral care needs of the people they serve
- Strengthen their moral and ethical foundations
- Create a sense of community

2. Engage with Leadership

- Advise leadership on the effective delivery of religious ministry
- Provide relevant advice on religious matters and health of force issues that affect the command's mission
- Assist in creating and maintaining a moral and ethical command climate

3. Meet Professional Standards

- Meet professional standards to ensure proper care
- Develop professional leaders
- Support other chaplains, religious program specialists and their families

Chaplain Contact Information:

Wounded Warrior Regiment:

703-432-1878

Wounded Warrior Battalion-East:

910-376-2409

Wounded Warrior Battalion-West:

760-763-6320

Related Fact Sheets

- Wounded Warrior Regiment Call Center
- Wounded Warrior Battalion Contact Centers
- Medical Section
- Recovery Care Coordinator



Wounded Warrior Call Center 24/7—1.877.487.6299

Stay Connected—www.woundedwarriors.marines.mil



Additional Religious Ministry Support

Additional spiritual enrichment resources and activities include:

Chaplains Religious Enrichment Development Operation Program (CREDO)

The CREDO program has a number of retreats free of charge for active duty, reserve and retired Marines and their families. Retreats cover a range of topics and include: personal growth; marriage enrichment; family enrichment; warrior transition workshops; spiritual growth; and men's, women's and teen retreats. For more information or to sign-up for one of the retreats, contact your local chaplain's office or visit www.navy.mil/local/chaplaincorps

Prevention Relationship Enhancement Program (PREP)

PREP is designed for equipping military couples with skills they need to maintain a happy and healthy marriage. Instructors provide tips on managing conflict, problem solving, effective communication, and working as a team in order to preserve and enhance commitment and relationships. For more information on PREP or to attend classes, contact your local chaplain's office or visit www.prepinc.com.

Practical Application of Intimate Relationship Skills (PAIRS)

PAIRS is an evidence based, educational approach to creating and sustaining relationships. Trained instructors deliver programs that strengthen marriages and families and improve outcomes for children in their communities. The program has Spanish speaking manuals available. For more information, contact your local chaplain's office or visit www.pairs.com.

Chaplain Care

The Chaplain Corps maintains a hotline that provides 24 hour chaplain care to military personnel and their families, as well as a number of on-line resources for self-care or spiritual fitness and links to additional support programs. These resources are available at www.navy.mil/local/chaplaincorps/chaplaincare.asp or 1.877.4.1.TOUCH, then press 7 and then 3.

Spiritual Fitness

Spirituality refers to that which gives meaning and purpose in life or the practice of a philosophy, religion or way of living. Spiritual fitness describes to an individual's overall spiritual health and reflects how their spirituality can enable them to experience the joys of life or help them overcome difficulties. This tool can help determine a service member's spiritual condition.

Fit	<ul style="list-style-type: none"> Engaged in life's meaning/purpose Hopeful about life/future 	<ul style="list-style-type: none"> Makes moral decisions Able to forgive self and others 	<ul style="list-style-type: none"> Respectful of people of other faiths Engaged in core values and beliefs
Stressed	<ul style="list-style-type: none"> Neglecting life's meaning/purpose Less hopeful about life/future 	<ul style="list-style-type: none"> Makes some poor moral decisions Difficulty forgiving self or others 	<ul style="list-style-type: none"> Less respectful of people of other faiths Neglects core values and beliefs
Depleted	<ul style="list-style-type: none"> Losing a sense of life's meaning/purpose Holds very little hope about life/future 	<ul style="list-style-type: none"> Routinely makes poor moral decisions Unable to forgive self or others 	<ul style="list-style-type: none"> Strong disrespect for people of other faiths Disregards core values and beliefs
Drained	<ul style="list-style-type: none"> Claims life has no meaning/purpose Holds no hope about life/future 	<ul style="list-style-type: none"> Extreme immoral behavior Forgiveness is not an option 	<ul style="list-style-type: none"> Complete disrespect for people of other faiths Abandons core values and beliefs