



# 2019 Marine Corps Trials

## Frequently Asked Questions

### What are the Marine Corps Trials?

The Marine Corps Trials is an adaptive sports event involving more than 250 wounded, ill or injured Marines, Sailors, veterans and international competitors. Participation in the Marine Corps Trials is open to recovering service members and veterans of all skill levels. Organized into three competing teams, participants represent Wounded Warrior Battalion-East, Wounded Warrior Battalion-West, and an international team of wounded warriors.

### When and where are the Marine Corps Trials?

The 2019 Marine Corps Trials will take place at Camp Pendleton, February 24 – March 9, 2019.

### Who is eligible to participate?

All wounded, ill or injured Marines, Sailors attached to Marine units, and veterans with an honorable discharge and 30% VA or DoD disability rating.

### What individual sports are offered?

- Archery (compound and recurve)
- Cycling (Time Trials and Road Race, upright- 30 kilometer race, recumbent- 20 kilometer race, and handcycle- 10 kilometer race)
- Field (sitting and standing shotput and discus)
- Rowing (indoor 1 minute sprint and 4 minute endurance)
- Powerlifting
- Shooting (10 meter indoor air rifle and pistol)
- Swimming (50 meter freestyle, 50 meter backstroke, 50 meter breaststroke, 100 meter freestyle)
- Track (100 meter race, 200 meter race, 400 meter race, 800 meter race, and 1500 meter race)

### What team events are offered?

- Sitting Volleyball
- Swimming relay
- Track relay
- Wheelchair Basketball
- Wheelchair Rugby

### What are sport classifications?

Classifications are different for each sport. Classifying athletes is a method for dividing eligible athletes up into sport classes. The aim is that each class should consist of athletes who have impairments that cause approximately the same amount of activity limitation in the key athletic disciplines. If you are not sure what category you are in, WAR-P staff will assist you in determining the appropriate classification for you. You can learn more about each sport by emailing the Warrior Athlete Reconditioning Program office at [wwsports@usmc.mil](mailto:wwsports@usmc.mil).

### Are there minimum requirements to register?

There are no minimum performance requirements; however, a Marine or Sailor must have an injury or illness, which may be combat or non-combat related. An honorable discharge is required for veterans. For veterans, priority goes to those with a 30% or more VA or DoD disability rating.



**May an athlete compete in more than two sports?**

Yes. There is also an Ultimate Champion Competition in which an individual competes in the 50 meter freestyle swim, 10 meter prone air rifle shooting, 100 meter sprint, shotput, cycling, and archery. You can receive medals in each individual event in your category, as well as in the overall Ultimate Champion Competition.

**What is the minimum participation as a competitor?**

You must participate in at least two sports. You may compete in one or two team sports (sitting volleyball, wheelchair basketball, & wheelchair rugby). If you are interested in more than 5 sports, registering for Ultimate Champion (6 sport competition) is highly encouraged. Details outlined below.

**How many athletes will attend?**

Approximately 225- 275 athletes will attend the Marine Corps Trials.

**Do I need medical clearance?**

Yes. All participants need a medical clearance signed by a physician or physician's assistant (PA) within six months of the Marine Corps Trials start date.

**Where will I be staying?**

Lodging will be provided for all athletes and staff at the barracks aboard Marine Corps Base Camp Pendleton. Accommodations are double occupancy rooms. Sheets, pillows, and blankets will be issued. ADA-compliant rooms will be provided to those who require them.

**Do I need to bring my own medication?**

Yes. Bring enough medication for at least 15 days.

**What are the teams?**

Participants represent Wounded Warrior Battalion-East, Wounded Warrior Battalion-West, and an international team of wounded warriors. Veterans and active duty not currently assigned to a battalion will be included in the Battalion-East and Battalion-West teams based on geographic location.

**Can my non-medical attendant travel with me?**

Yes. If a non-medical attendant (NMA) is medically required and has the appropriate official paperwork, that person may travel with you and stay in the barracks. There is a block indicating this requirement on the registration form.

**How much does it cost?**

Active duty, regardless of unit, will be on TAD orders funded by the Wounded Warrior Regiment. Veterans are funded through several non-Federal entities.

**Can VIPs attend?**

Yes. VIPs are encouraged to attend any scheduled event. VIPs will make their own travel, meal, and lodging arrangements. VIPs must contact [wwsports@usmc.mil](mailto:wwsports@usmc.mil) in advance of their visit. International clearances will be conducted through their nation's embassy.

**Can I bring my family?**

Yes. Your family may attend to cheer you on, but families must arrange and pay for their own transportation, lodging, meals, and other travel expenses.

**Are there activities for family members?**

All activities planned are for the athletes only. However, family members are encouraged to observe all practices and competitions.



**What equipment is required?**

If you have your own equipment, please bring it. Wounded Warrior Regiment will provide equipment as needed.

**How do I ship my equipment?**

Contact the Warrior Athlete Reconditioning Program at [wwsports@usmc.mil](mailto:wwsports@usmc.mil) for instructions.

**Will there be a coach to help me train?**

Yes. The Wounded Warrior Regiment is providing multiple coaches in each sport to help all participants train and compete, regardless of team. Coaches typically include Olympians, Paralympians and other elite-level staff.

**Do I need to bring my military uniforms?**

No. Military uniforms will not be required for athletes attending this event. We will issue team t-shirts and Marine Corps Trials track suits at check-in. Be sure to select the proper sizes on the registration form. Pack appropriate civilian attire for wear outside of training and competition.

**Do I need to bring my own apparel?**

Yes, please pack comfortable training attire. Please bring your own workout clothing, swimsuits, and other athletic apparel for training days. We will provide all sport specific apparel for competitions.

**My employer is asking for more information, can you send them something?**

Yes. We can send a letter to your employer by request. Please contact [wwsports@usmc.mil](mailto:wwsports@usmc.mil).

**What is being awarded?**

Medals will be awarded for first, second, and third place, according to category in each sport. All award ceremonies will be conducted at the conclusion of each sport's final event.

**Do you have other opportunities throughout the year?**

Yes. The Warrior Athlete Reconditioning Program offers multiple sports camps throughout the year. Priority is given to active duty personnel.

**My question is not answered here. Who do I ask?**

Email [wwsports@usmc.mil](mailto:wwsports@usmc.mil) or call us at 1-703-432-1525.

